

Gender Care Initiative

At Robert Wood Johnson University Hospital

"May the health needs of no woman go unmet"

WOMEN'S HEART FOUNDATION

Women and Heart Disease
Gender Care Conference Series

Date: February 7, 2004

Time: 11:00 AM-2:00 PM
(Registration 10:30 AM)

Place: Robert Wood Johnson
Univ. Hospital, New Brunswick
Auditorium

To Register: 609.771.9600
Fax 609.771.9427



Barbara Riegel, DNSc, RN, CS, FAAN
Univ. of Pennsylvania School of Nursing

Continuing Education: This program is co-provided by WHF and Robert Wood Johnson University Hospital. (RWJUH). RWJUH is an approved provider of continuing education in nursing by the New Jersey State Nurses Association which is an accredited approver, by the American Nurses Credentialing Center's Commission on Accreditation P133-1/04-07. 1.5 contact hours will be awarded to participants on completion and return of the program evaluation.

Conference planning committee: Suzanne Gregory, MS, RN, CNS, C, CCRN, Clinical Specialist, Cardiac Services; Lori Mulligan, RN, C, BSN, Director, Medical Telemetry.

HEART DISEASE IS THE #1 KILLER OF WOMEN. Differences in how heart disease manifests and how women respond to care can contribute to delays in diagnosis and inappropriate care. Dr. Barbara Riegel, DNSc, RN, CS, FAAN, Associate Professor of Nursing at the University of Pennsylvania School of Nursing, says it is vitally important to consider women when designing new cardiac care models because some models of care work well for women, and some do not. Gender Care addresses not only the biophysical differences but also the socio-cultural norms and experiences, values, psychosocial characteristics, behaviors and social roles — all of which impact a woman's care. "Women are socialized to take care of others over themselves and to value others over themselves", says Dr. Reige. "We need to examine how this impacts women with heart disease". Dr. Riegel will discuss ways to modify existing care models to be most responsive to women by identifying these differences and will introduce successful care models for women. Don't miss this WHF inaugural program at RWJUH.

WHO SHOULD ATTEND

The Gender Care Initiative is for all nurses involved in the primary care of women, in any setting, and at any stage of life.

PROGRAM OBJECTIVES

1. Understand some of the factors that affect quality of health care and services to women with heart disease;
2. List characteristics of two models of care delivery that appear to be more effective in women;
3. Appreciate that some models of care are more effective in men than women and visa versa.

BARBARA RIEGEL, DNSc, RN is an Associate Professor and is an expert in the field of cardiovascular nursing, having conducted numerous research investigations and published more than fifty peer-reviewed articles, numerous book chapters and three books. Dr. Riegel serves as editor of the Journal of Cardiovascular Nursing.

AGENDA

- 11:00 AM** Welcome and Program Overview - Bonnie Arkus, WHF Executive Director
- 11:10 AM** "Take New Jersey Women to Heart" - Honorary Chair Dina Matos McGreevey, First Lady of New Jersey (*invited*)
- 11:20 PM** Keynote presentation: "Examining New Cardiovascular Care Models for Women" - Dr. Barbara Riegel, DNSc, RN, CS, FAAN
- 12:30 PM** Lunch
- 1:15 PM** The Critical Need to Address Gender Care and Identify What Women Want and Need - Marianne T. Balay Assistant Vice President of Women's Health Services at RWJUH and Vice Chair of the WHF Gender Care Initiative
- 1:30 PM** Dedication Ceremonies for the "Urn of Intention", in memory of Noreen Daly Carlson - Marianne Balay and the Daly, Carlson and Jankowski Families of New Jersey. Closing

REGISTRATION

The WHF Gender Care Initiative and Conference is being supported by a special grant from the Office on Women's Health, Department of Health and Senior Services and is co-sponsored by the RWJUH.

There are no fees, however, pre-registration is required. WHF reserves the right to limit participation. Send form to WHF, PO Box 7827, West Trenton, NJ 08628 or Fax lower part of form to (609) 771-9427. Park in the University Parking Deck on Little Albany Street. Parking tickets will be validated at the seminar.

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Name (as it should appear on badge): _____

Email: _____ Title: _____

Hospital/Firm: _____ Type of Practice: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Work Phone: _____ Work Fax: _____

DIRECTIONS: *From the Turnpike* - Take exit 9. Take Route 18 North 3 miles to Route 27 South. At the New Brunswick Train Station turn right onto Easton Ave. At the traffic light turn left onto Somerset Street. Take Somerset Street to the first traffic light and turn left onto Little Albany Street. You will go past the Hospital on your right. Go to the bottom of the hill - The University Parking Garage will be on the left just past the Cancer Institute of New Jersey. *From Route 1* South or North - Take Route 18 North 3 miles to Route 27 South. Follow directions above.